




## Footloose

Choreographed by Dance Y'All

Description: Phrased, 2 wall, intermediate line dance

Music: **Footloose** by Kenny Loggins [[Greatest Hits](#) /  ]

**Footloose** by Blake Shelton [CD: Footloose (Music from the Motion Picture) (Cut Loose Deluxe Edition) (I-461786868) / ]

Sequence: AC, F(16), AC, F(32), A(1-56), C, F(4), C, F(32)

The Kenny Loggins version has an 88-count intro. The Blake Shelton version has a 64-count intro.

### PART A (VERSE)

1-2 Step left heel forward, drop left toe

3-4 Step right heel forward, drop right toe

5-6 Step left heel forward, drop left toe

7 Step right forward (turn body slightly left)

8-1 Turn 1/8 left and hip right, hip right (weight to right) (10:30)

Because you are turned slightly to the left, the hip bumps go toward the front (12:00) wall  
2 Hold

3-4 Turn 1/8 left and step left to side, hold (3:00)

5-6 Cross right over left, hold

7 Step left to side

8-1 Turn 1/8 right and hip left, hip left (weight to left) (10:30)

Because you are turned slightly to the left, the hip bumps go toward the back (6:00) wall  
2 Hold

3-4 Step right heel diagonally forward, drop right toe

Facing 10:30, but stepping diagonally forward means you are moving directly toward the front (12:00) wall on counts 3-7

5-6 Cross left heel over right, drop left toe

7 Step right diagonally forward

8-1 Hip right, hip right

Again, the bumps go toward the front wall

2 Hold

3-4 Turn 3/8 left and step right forward (6:00), hold

5-6 Turn 1/2 left and step left back, (12:00), hold

7-8 Step left back, hold

### GRAPEVINES

"I'VE GOT THIS FEELING"

1-4 Vine right with touch

5-8 Vine left with touch

1-4 Vine right with touch

5-8 Vine left with touch

### FULL TURNING STEP TOUCHES

1-2 Turn 1/4 right and step right forward, touch left together

3-4 Turn 1/4 right and step left to side, touch right together

5-6 Turn 1/4 right and step right forward, touch left together

7-8 Turn 1/4 right and step left to side, touch right together

Go to Part C from here on the third time through Part A

## FULL TURNING STEP TOUCHES

First time only! These 8 counts are only danced the first time through Part A

1-2 Turn  $\frac{1}{4}$  right and step right forward, touch left together

3-4 Turn  $\frac{1}{4}$  right and step left to side, touch right together

5-6 Turn  $\frac{1}{4}$  right and step right forward, touch left together

7-8 Turn  $\frac{1}{4}$  right and step left to side, touch right together

## GRAPEVINES

"I'LL HIT THE CEILING"

1-4 Vine right with touch

5-8 Vine left with touch

1-4 Vine right with touch

5-8 Vine left with touch

## FULL TURNING STEP TOUCHES

1-2 Turn  $\frac{1}{4}$  right and step right forward, touch left together

3-4 Turn  $\frac{1}{4}$  right and step left to side, touch right together

5-6 Turn  $\frac{1}{4}$  right and step right forward, touch left together

7-8 Turn  $\frac{1}{4}$  right and step left to side, touch right together

## FULL TURNING STEP TOUCHES

1-2 Turn  $\frac{1}{4}$  right and step right forward, touch left together

3-4 Turn  $\frac{1}{4}$  right and step left to side, touch right together

5-6 Turn  $\frac{1}{4}$  right and step right forward, touch left together

7-8 Turn  $\frac{1}{4}$  right and step left to side, touch right together

## PART C (CHORUS)

"LOOSE, FOOTLOOSE"

1-2 Touch right heel forward, step right together

3-4 Touch left heel forward, step left together

5-6 Touch right heel forward, step right together

7-8 Touch left heel forward, step left together

## DWIGHT YOAKAMS AND BIG STEP SIDE

"KICK OFF YOUR SUNDAY SHOES"

1-2 Touch right heel to side and swivel left toe in, touch right together (toe turned in) and swivel left heel in

3-4 Touch right heel to side and swivel left toe in, touch right together (toe turned in) and swivel left heel in

5-6 Big step right to side, hold (drag left toward right)

7-8 Touch left together, hold

## BIG SIDE, TOGETHER

"PLEASE LOUISE"

1-4 Big step left to side, hold, hold, hold

5-8 Step right together, hold, hold, hold

"PULL ME OFF MY KNEES"

## LADIES

On the following counts 1-8, ladies wiggles hips side to side quickly, while men flap their knees out and in

1-2 Cross wrists low in front of body

3-4 Cross wrists low behind body

5-6Cross wrists low in front of body

7-8Cross wrists low behind body

MEN

&1Knees apart and pick up left foot, step left together and knees together

&2Knees apart and pick up right foot, step right together and knees together

&3&8Repeat &1&2 three more times

Or, an easier option for the men is:

&1&2Knees apart, knees together

&3&8Repeat &1&2 three more times

"JACK, GET BACK"

&1Step left diagonally forward, step right to side

Feet are shoulder width apart

2-3Hold, hold

&4Step left straight back from current position, step right straight back from current position

Feet are still shoulder width

&5Repeat &4

6-7-8Hold, hold, hold

HALF TURNING STEP TOUCHES

"C'MON BEFORE WE CRACK"

1-2Turn ¼ left and step left forward, touch right together

3-4Step right forward, touch left together

5-6Turn ¼ left and step left to side, touch right together

7-8Step right to side, hold (6:00)

"LOSE YOUR BLUES"

&1Step left diagonally forward, step right to side

Feet are shoulder width apart

2-3Hold, hold

&4Step left straight back from current position, step right straight back from current position

Feet are still shoulder width

&5Repeat &4

6-7-8Hold, hold, hold

TOUCH, STEP, TOUCH, STEP

"EVERYBODY CUT FOOT..."

1-4Touch left together, step left to side, touch right together, step right to side

PART F (FREESTYLE)

Freestyle in place for however many counts are called for in the sequence