

## LA ONE STEP

Choreographed by: Unknown  
Description: Beginner partners  
Music: She's Got The Rhythm by Alan Jackson  
Young Love by Twister Alley  
Start: On vocals

**Position: Basic two-step position and hands, slightly open,  
Man facing diagonal OLOD and slightly LOD,  
Lady facing diagonal ILOD and slightly LOD**

**Footwork: Opposite**

**1-2 MAN:** Step diagonal back to ILOD/ROD on left, rock forward

on right

**LADY:** Step diagonal forward to ILOD/ROD on right, rock back

on left

**\*\* Lady turns toward Man and steps right slightly past outside of**

**Man's right foot**

**3-4 MAN:** Step left down LOD beginning turn towards ROD, cross

step right in back of left to end facing ROD

**LADY:** Step right down LOD beginning turn towards LOD, cross

step left in front of right to end facing LOD

**\*\* Lady turns toward Man and steps left slightly past outside of**

**Man's left foot**

**5-6 MAN:** Step left down LOD beginning turn towards OLOD, rock

back on right towards ROD finishing turn to face OLOD/LOD

**LADY:** Step right down LOD beginning turn towards ILOD, rock

forward on left towards ROD finishing turn to face ILOD/LOD

**REPEAT**